



# Project K.I.N.D.

## Did You Know?

With summer around the corner, the increased chance for getting sunburned follows. People spend more time outdoors in the sun, which increases their chances of getting sunburned. Everyone knows that proper application of sun block, with at least SPF 15, will reduce their chance of getting burned. Recent studies have shown that watermelon and tomatoes are two fruits that help fight against sunburns, too! These fruits are rich with antioxidants and Lycopene, which are nutrients known to reduce the risk for sunburns. Therefore, with proper fruit consumption, drinking enough fluids, and wearing sun block, you can enjoy those summer days without the pain of those pesky sunburns.



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### "Dates to Remember"

- ◆ May 1 - 31  
Asthma and Allergy Awareness Month
- ◆ July 15th Opportunity Drawing Tickets available
- ◆ September 1-30  
Children's Eye and Health Safety Month

**Welcome New Provider!**  
Yucaipa Valley Pharmacy

## Just Some Facts

- ◆ Project K.I.N.D. was created by the Riverside County Medical Association in April of 1994.
- ◆ The population served by Project K.I.N.D. are children and adolescents, age 5 to 17, who attend school in Riverside County (Alvord, Beaumont, Corona-Norco, Jurupa, Perris Elementary, and Moreno Valley School Districts).
- ◆ To be eligible for Project K.I.N.D. services, children must fit within our criteria, be uninsured, and not eligible for Medi-Cal.
- ◆ Collaborating with local healthcare providers by providing free medical, dental, vision, and mental services is the goal of Project K.I.N.D.
- ◆ In 2006, Project K.I.N.D. received two awards:
  - ◆ *2006 Services Oriented Lifetime Award*, for "appreciation and recognition for leadership and commitment to provide access to quality healthcare for children in need," given by the Riverside Community Health Foundation
  - ◆ *2006-2007 Lyda M. Smiley Award*, for "recognition of significant contribution to the health and well-being of school children," given by the San Bernardino/Riverside School Nurse Organization
- ◆ Over the last three years, Project K.I.N.D. has almost doubled its free dental clinics, the number of children seen, the number of services rendered, and the cost equivalent of those services.

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## Statistics for Project K.I.N.D. Dental Clinics 2006-2008

Year	Number of Patients	Units of Service	Cost Equivalent
2006	176	1,026	\$69,016
2007	159	1,018	\$66,180
2008	241	2,257	\$124,602

# ~Project K.I.N.D. Dental Clinics~



**Attention Dentists!**  
 It's not too late to sign up as a volunteer dental provider for children in need year round. If you would like to become a Project K.I.N.D. dental provider please call Debra at 951-686-3342, extension 314.



## National Children's Dental Health Month 2008

Over the years, Project K.I.N.D. has held its dental clinics in February. This year, Project K.I.N.D. was fortunate to have several offices volunteer their expertise, which extended the dental clinics into April. Overall, Project K.I.N.D. held 14 dental clinics serving a total of 241 children, providing 2,257 services, at a cost equivalent of \$124,602! Services provided included: dental exams, x-rays, cleanings, sealants, fillings, extractions, and pulpotomies.

Project K.I.N.D. would like to thank Dr. Anderson, Dr. Chachad, Dr. Beam, Dr. Gill, Dr. Harris, Dr. Jimenez, Dr. Lowe, Dr. Middleton, Dr. Moore, Dr. Pai, Dr. Patel, Dr. Pham, Dr. Phan, Dr. Salvi, Dr. Galgali, Dr. Sheth, Dr. Thakkar, Dr. Zareh, and staff for donating their time and services! We would also like to thank the volunteer students from our local schools: Regional Occupational Program (ROP) of Riverside and University of California Riverside (UCR) Future Dentist Club. Thank You!



Harold W. Jackson, D.O., Medical Director (left);  
 From left to right: Leslie Eggleston, RDA, B.S., Program Intern; Debra Wood, M.S., Program Director; Mercedes Walker, Program Assistant.



# Donations + Children = Happiness

## General Donation

Your donation will directly support the Project K.I.N.D. program and the medical services it provides, including the children served, costs of supplies, lab fees, and prescriptions.

## Vision Donation

Many children throughout Riverside County attend school with poor vision and broken glasses. Your donation will ensure that they receive the proper optical care, which will benefit their academic achievement.

## Dental Donation

Maintaining oral health and hygiene is a continuous problem, especially with school-aged children. Many children have rampant tooth decay, which may lead to other serious dental problems and health issues. Your donation will provide children the opportunity to obtain a healthy smile, which will reduce future health problems, and promote success in school.

## Please mail your contribution to:

Project K.I.N.D.  
Attn: Debra Wood  
3993 Jurupa Ave.  
Riverside, CA 92506

Project K.I.N.D. Program Statistics January thru March 2008	
Number of Children Seen	322
Number of Services Provided	2,492
Equivalent Cost of Services	\$140,516

## Project K.I.N.D. T-Shirts

Make a donation and receive a free Project K.I.N.D. shirt. This year we are offering T-shirts and Polo shirts with the Project K.I.N.D. logo as a gift for your donation. T-shirts are given for a donation of \$25 or more and Polo Shirts with donations of \$50 or more. If you are interested in donating, please fill out the form below and mail it to Project K.I.N.D. Please make checks out to Project K.I.N.D.



Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State and Zip: \_\_\_\_\_

Donation amount (please circle): \$20 \$25 \$50 \$75

Shirt preference and size (please circle): White T-shirt Purple ringer Tee Men's Polo Ladies' Polo

Size: S M L XL

Send check and order form to: Project K.I.N.D.  
3993 Jurupa Avenue  
Riverside, CA 92506

# Project K.I.N.D.

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## Project K.I.N.D. Donors 2007-2008

Morongo Band of Mission Indians

Jerry Josephs

Bank of America

City of Riverside

Wal-Mart

Dr. Rebecca Patchin

Boeing California

Jurupa Unified School District

Riverside Unified School District

Riverside Community Health Foundation

Riverside Community Hospital

Dr. Touraj Shafai

Altura Credit Union

The California Wellness Foundation

Dr. Jerry and Sue Saks

Marydel King-Sesanto

Perris Elementary Unified School District

Norris Foundation

Corona-Norco Unified School District

Benjamin and Teresa Herrera

Junior League of Riverside

Jeanette Tupper-Shearer

Dr. Henry and Grace Chan

Kaiser Permanente

Premier Service Bank

Visterra Credit Union

Dottie Reichard

Shirlee Walker

Bhupinder Singh

Al and Nancy Lopez

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Nanci Aquilar

Sue Austin

Dolores Green

Kim McGee

Leslie Eggleston, RDA, BS

Mercedes Walker